

MINUTES OF THE NOVEMBER 24, 2025 SENIOR ADVISORY BOARD MEETING

Chairman Ken Miller called the meeting to order at 10:00 AM at the Sunrise Bay Clubhouse.

There was a Flag salute and a moment of silence for our military and world peace.

Roll call was taken. Board members in attendance were: Ken Miller, Chairman, Linda Cicco, Nancy Cotter, Barbara Jo Crea, Richard Dutton, Rosemarie Martelli, Donna O'Brien and Lisa Stevens. Township Committee Liaison and Mayor Dan Maxwell was also present.

The minutes of the last meeting of the Board on October 27, 2025 were then approved by motion duly made, seconded and unanimously carried.

The first speaker was Chief James Hawkins of the Little Egg Harbor ("LEH") Police Department. He began by noting that there have been some fires in town recently, one on a deck that was probably caused by a cigarette, and he urged everyone to be cautious because of all the dry leaves and pine needles that have now accumulated. He then again mentioned the current scam in which a caller tries to get a senior to go to a Bitcoin kiosk to make a payment that is needed immediately because the senior is about to be arrested for an unpaid debt or judgment, or because a grandchild or other relative of the senior is in trouble. He said that one should not be rash in such a situation but rather pause and think things through: how would the Department of Motor Vehicles, for example, have my cell phone number, and does the whole scenario make sense? One audience member then cautioned that artificial intelligence has made it possible for celebrities to be inserted in telephone or online advertising for products such as cure-alls that they have not really endorsed, and another repeated the now often-heard advice that you not answer any telephone call from someone whose name on caller ID you do not recognize. The Chief then reported that his Department had initiated an e-bike safety push, partnering with local schools. Audience members then suggested that e-bike riders be required to maintain insurance in case, for example, one of them hits your car, and that a purchaser of an e-bike be required to purchase or provide proof of ownership of a safety helmet at the same time.

The second speaker was Dan Long of Health Village Imaging in Manahawkin, who reviewed a number of non-invasive or minimally invasive same-day tests and procedures traditionally done at a hospital that can now be done at Health Village in addition to those traditionally associated with a radiology facility. Some of these address varicose and spider veins, peripheral artery disease, and knee pain, and involve scarring or collapsing abnormal blood vessels. In one procedure known as "GAE" (genicular artery embolization), for example, a small catheter is inserted under local anesthesia and releases tiny particles that reduce blood flow to a painful joint to lessen the pain and inflammation. Similarly, prostate artery embolization can reduce the blood flow to an enlarged prostate and decrease its size and a comparable procedure can reduce the blood flow to fibroids in the uterus. He said that the Advanced Radiology Solutions Vein and Vascular Center associated with Health Village is a small operation compared to a hospital, it can be less expensive, and it is a more personalized setting with a shorter turnaround time and less chance of an infection.

The next speaker was Kathy Tucker, LEH Recreation Director, who reported on two upcoming events: The first annual "Holly Jolly Tree Lighting" will be held at the Municipal Building at 665 Radio Road from 5 PM to 7:30 PM on Saturday, November 29. Candy canes will be given out and there will be children's crafts and photos with Santa Claus. Then, on Friday, December 12, from 12 to 6 PM, gift objects of all sorts, including clothing, and non-perishable food items can be brought to the LEH Community Center for the third annual Holiday Gift Giveaway on the following day, Saturday, December 13, from 10 AM to 3 PM, at which anyone can come to the Community Center and take things for free that they need. She urged those who attend to bring a shopping bag.

Senior Advisory Board member Barbara Jo Crea then once again urged homeowners to avoid home title fraud by signing up for the Ocean County Clerk's Office's free property alert service to receive an email alert if any

document is filed with that Office relating to your property. Also, Board Vice Chair Lisa Stevens offered brochures for anyone who may be in need of hot line services over the holidays, and Board Chair Ken Miller once again offered recycling brochures and reiterated that no plastic bags are to be included with recycling. Township Committee Liaison and Mayor Dan Maxwell then closed by conveying his greetings, thanking the large crowd--approximately fifty seniors--for coming and wishing everyone happy holidays.

There will be no Senior Advisory Board meeting in December. The next meeting of the Senior Advisory Board will be on Monday, January 26, 2026 at 10 AM at the Cranberry Creek clubhouse. All seniors are welcome and urged to attend.

The meeting was adjourned at approximately 11:40 AM.

*Respectfully submitted,
Richard Dutton, Acting Secretary, LEH Senior Citizens' Advisory Board*