

MINUTES OF THE OCTOBER 30, 2023 SENIOR ADVISORY BOARD MEETING

Chairman Ken Miller called the meeting to order at 10:00 AM at the Cranberry Creek Clubhouse.

There was a Flag salute and a moment of silence for our military and world peace.

Roll call was taken. Board members in attendance were: Ken Miller, Maryann O'Neill, Nancy Cotter, Diane Coyle, Richard Dutton, Donna O'Brien and Lisa Stevens. Dan Maxwell, Liaison to the Little Egg Harbor ("LEH") Township Committee, was also in attendance.

The minutes of the last meeting of the Board on September 25, 2023 were then approved by motion duly made, seconded and unanimously carried.

The first speaker was Kathy Tucker, the new LEH Recreation Director, who reported that there are now programs for seniors scheduled to be held at the LEH Senior Center, 641 Radio Road, including card games on November 13 from 10 AM until noon, November 16 from 1 PM to 3 PM, December 4 from 10 AM until noon and December 21 from 1 PM to 3 PM. Those wishing to participate should bring their own decks of cards. Beverages and snacks will be provided by the Seacrest Rehabilitation & Healthcare Center.

The next speaker was Joseph Martucci, the meteorologist for The Press of Atlantic City, who provided his predictions about local weather during the coming winter. He said that the amount of snowfall last winter was the lowest on record going back to 1943, and while there had been a record low temperature on December 24 and cold days on December 25 and 26, these were the coldest days of the winter, the month of January was the warmest on record, and temperatures were also above average in February and March. Last winter, he added, was a "La Nina" winter like the two previous ones, while this winter will be an "El Nino" winter, the opposite, and is expected to be stormy, in most cases with rain but with snow certainly exceeding that of last winter (The terms "El Nino" and "La Nina" refer to the warming or cooling of the waters of the Pacific Ocean off the coast of South America, which has an effect on American weather patterns). He predicted that December, like November, will be fairly mild, but from late January until March colder than average air will come in and if there is going to be snow it should come at that time. He compared the situation to a baseball player with a batting average of only .200 who hits home runs when he does connect with the ball: many precipitation events during the season will be rain, but when it does snow it will be big.

The next speaker was Kimberly Macaron of RWJBarnabas Health, who spoke about the Comprehensive Breast Centers associated with Community Medical Center in Toms River. She said they have a new location on Lighthouse Drive in Barnegat, just off the Garden State Parkway south of West Bay Avenue in the Barnegat 67 complex. She emphasized the importance of women having periodic mammograms and said that in selecting the facility at which to have one it is important that it specialize in mammograms, that there be a specialist available to analyze them, that it offer 3D mammograms, that it provide follow-up testing if necessary, and that it be accredited by the American College of Radiology as a Breast Imaging Center of Excellence. She said that her facility satisfies all of these criteria.

Township Committee Liaison Dan Maxwell then reported that the Harvest Fest and the Halloween Bash for children had both been great successes, and that there would be a Rabies Clinic at the Community Center on November 11 at which a veterinarian would administer rabies vaccinations at no cost. Participants should bring their pets' previous vaccination records. With regard to LEH recycling and garbage trucks not picking up on scheduled days recently, Liaison Maxwell said that the

reason for this was that three trucks were down and there had been a delay in obtaining parts to repair them so that some parts had to be fabricated.

The next meeting of the Board will be on Monday, November 27, 2023 at 10:00 AM at the Cranberry Creek Clubhouse. All seniors are welcome and urged to attend.

The meeting was adjourned at approximately 11:00 AM.

Respectfully submitted,

Richard Dutton, Acting Secretary, LEH Senior Citizens' Advisory Board