

MINUTES OF THE MAY 24, 2022 SENIOR ADVISORY BOARD MEETING

In the absence of Chairman Ken Miller, Vice Chair Maryann O'Neill called the meeting to order at 10:00 AM at the Little Egg Harbor ("LEH") Community Center.

There was a Flag salute and a moment of silence for our military and world peace.

Roll call was taken. Board members in attendance were: Maryann O'Neill, Linda Cicco, Diane Coyle, Richard Dutton, Ann Mikos, Donna O'Brien and Lisa Stevens. Dan Maxwell, Liaison to the Township Committee, was also in attendance.

The minutes of the last meeting of the Board on April 25, 2022 were then approved by motion duly made, seconded and unanimously carried.

The first speaker was Chief James Hawkins of the LEH Police Department, who gave the customary update on police-related matters affecting the community. He noted that the previous week had been National Law Enforcement Week, that the officers of his Department appreciated the lunch that was brought to them, and that the observance had included a memorial for 18 officers who had died on duty since 1927. He then reported that he had attended the Sea Oaks Community Safety Council meeting at the Sea Oaks Clubhouse on May 14 and that Sea Oaks was now a Firewise community. Finally, he said that his officers had not noticed any changes in their policing since recreational use of marijuana became legal during April.

The next speaker was Joyce Jackson, the Coordinator of the Ocean County Health Department Dental Program. She had brought dental care brochures and dental health supplies, including toothbrushes, single use flossers and chapsticks, which she made available, and she reported that while her Program's efforts had formerly been concentrated in schools they now also extended to seniors. She then provided some advice about dental care, recommending that you brush your tongue as well as your teeth and that you check your glands for swelling, as this can be an early sign of cancer. She also noted that the Health Department now has a program called "Live Healthy Ocean County" which has representatives who go out and test glucose, cholesterol and blood pressure and are accompanied by a nutritionist and diabetes specialist; they had come to the LEH Senior Expo at the Community Center on May 4.

The third speaker was Susan Tolomeo, Co-Assistant Director of Interfaith Health and Support Services of Southern Ocean County, a non-profit Internal Revenue Code Section 501(c)(3) organization supported by 23 faith-based congregations in the area that has been in existence for about twenty years and provides a number of services to seniors and their caregivers such as taking seniors out for doctor appointments and grocery shopping, giving haircuts to seniors who are homebound and relieving caregivers to provide them with breaks from their duties. The organization's LEH office is at 279 Mathistown Road and anyone interested in volunteering to help, receiving assistance from the organization or making a financial contribution to its work may contact this office at 609-879-5590.

Board member Lisa Stevens then said that there would be a program on the role of Little Egg Harbor in the American Revolution on Saturday, June 11 from 2:00 to 4:00 PM at the Tuckerton Quaker Meeting House.

Liaison Dan Maxwell then reported that he had attended an observance commemorating the fiftieth anniversary of the Mystic Island Fire Department and that he was impressed by the great first responders in our town. He also urged everyone present at the Board meeting to talk to young people about the meaning of Memorial Day.

The next meeting of the Board will be on Monday, June 27, 2022, at 10:00 AM at the Cranberry Creek Clubhouse. This will be the first meeting of the Board at one of the LEH senior community clubhouses since the beginning of the COVID pandemic and all seniors are welcome and urged to attend.

The meeting was adjourned at approximately 10:30 A.M.

*Respectfully submitted,
Richard Dutton, Acting Secretary, LEH Senior Citizens' Advisory Board*